

## Key Learning in PSHE: Years 1 and 2

Understanding Self and Others	Working With Others	Speaking and Listening	Negotiation	Compassion and Empathy	Body Language - Verbal and Non-Verbal
<ul style="list-style-type: none"> <li>▪ Explain their ideas, and responses to an issue.</li> <li>▪ Recognise their feelings.</li> <li>▪ Play with others.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Find a partner, sit with them and work with them.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Demonstrate active listening skills.</li> <li>▪ Ask questions for clarification.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Negotiate with one another.</li> <li>▪ Speak in front of a group.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Demonstrate compassion, empathy and tolerance.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Recognise simple body language.</li> <li>▪ Understand verbal and non-verbal communication.</li> </ul>
Assertiveness	Making Choices	Risk Taking	Influences	Making Decisions	
<ul style="list-style-type: none"> <li>▪ Speak using the assertive 'I'.</li> <li>▪ Know that it is OK to make mistakes.</li> <li>▪ Say 'No' and mean 'No'.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Recognise their likes and dislikes.</li> <li>▪ Think about and verbalise what is important to them when making choices.</li> <li>▪ Demonstrate making simple choices.</li> <li>▪ Begin to think about how to make safe choices.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Understand the concept of risk.</li> <li>▪ Know who and how to tell.</li> <li>▪ Begin to recognise how other factors can influence choice.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Begin to understand that sometimes people persuade you to do things you don't want to do.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Demonstrate making simple choices.</li> <li>▪ Begin to think about why they made a particular choice.</li> </ul>	